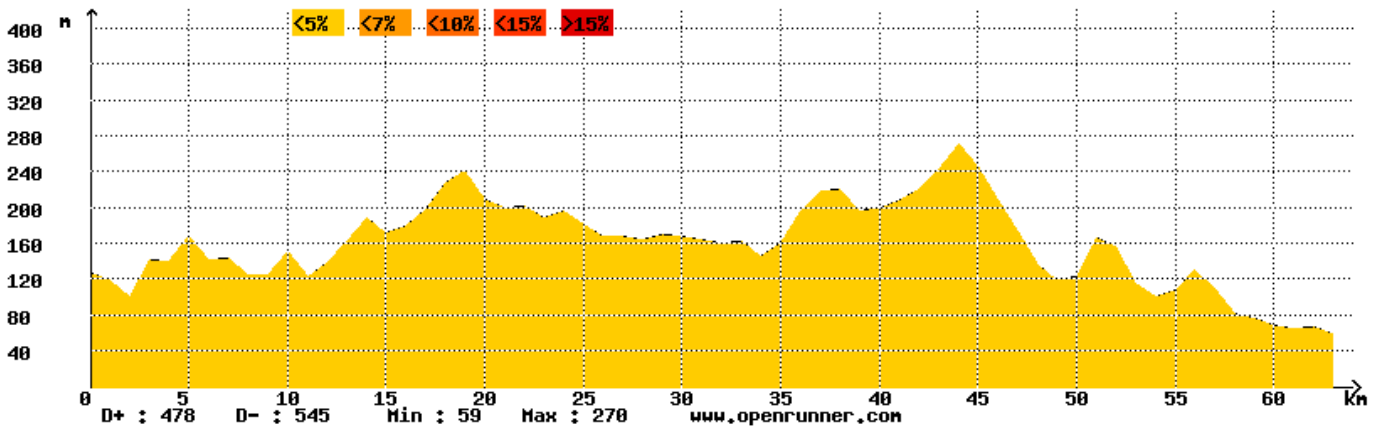
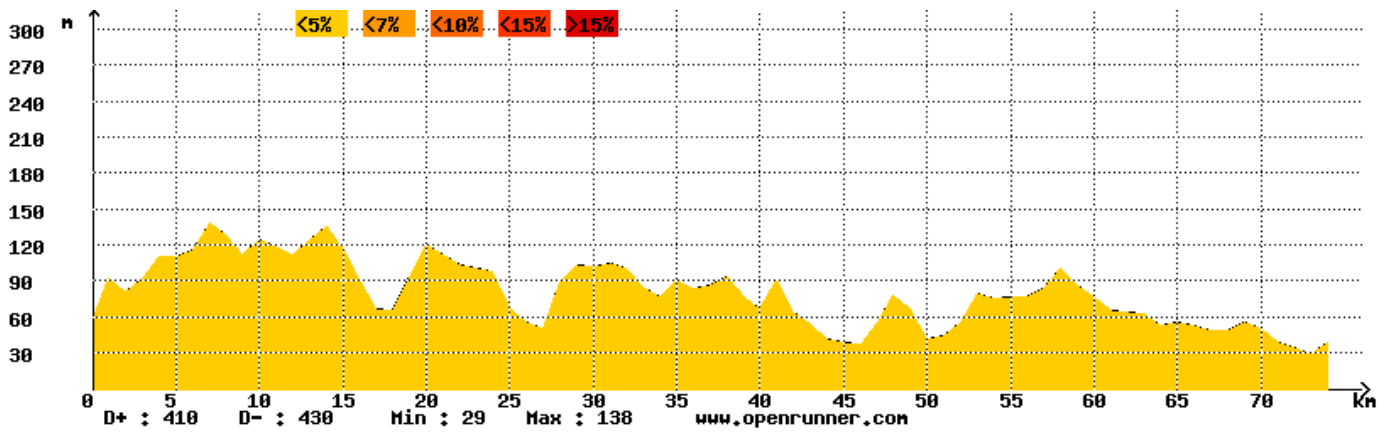


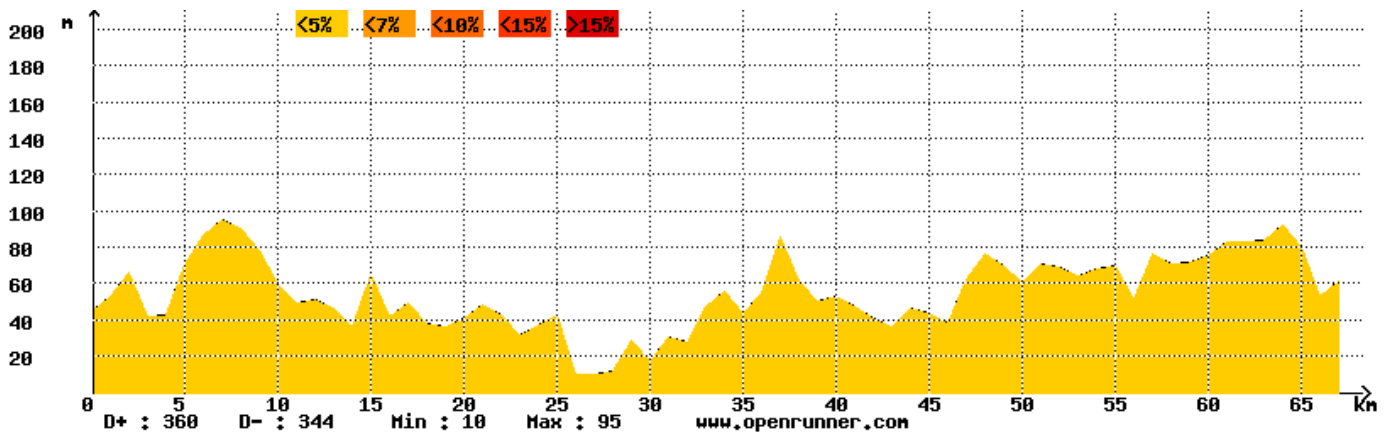
Etape 1 - St Pol de Léon - Plounévezel - 62 km (+6 km neutralisés) - 725m de D+



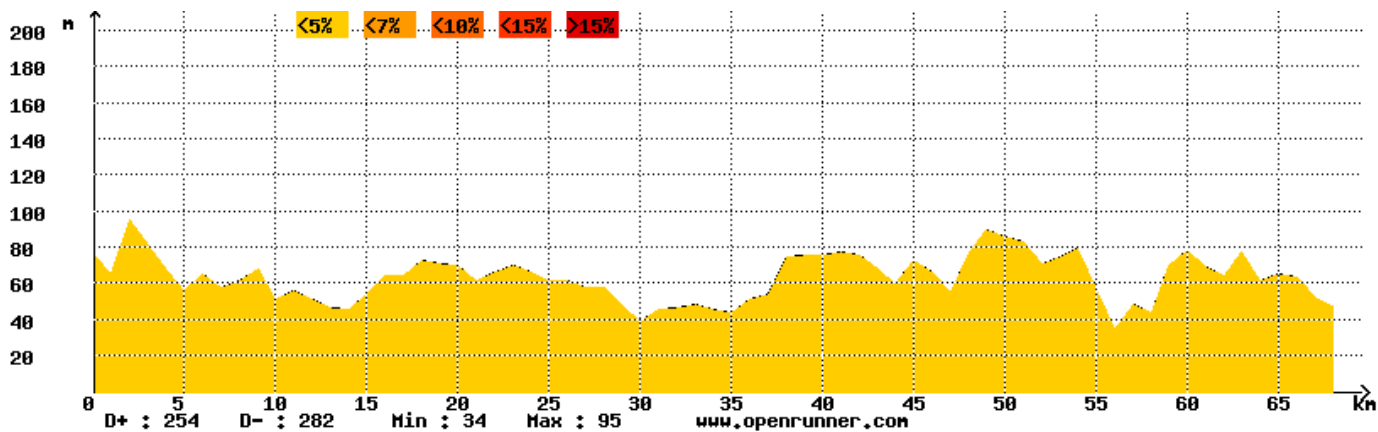
Etape2 - Plounévezel - Pontivy - 64 km - 660m de D+



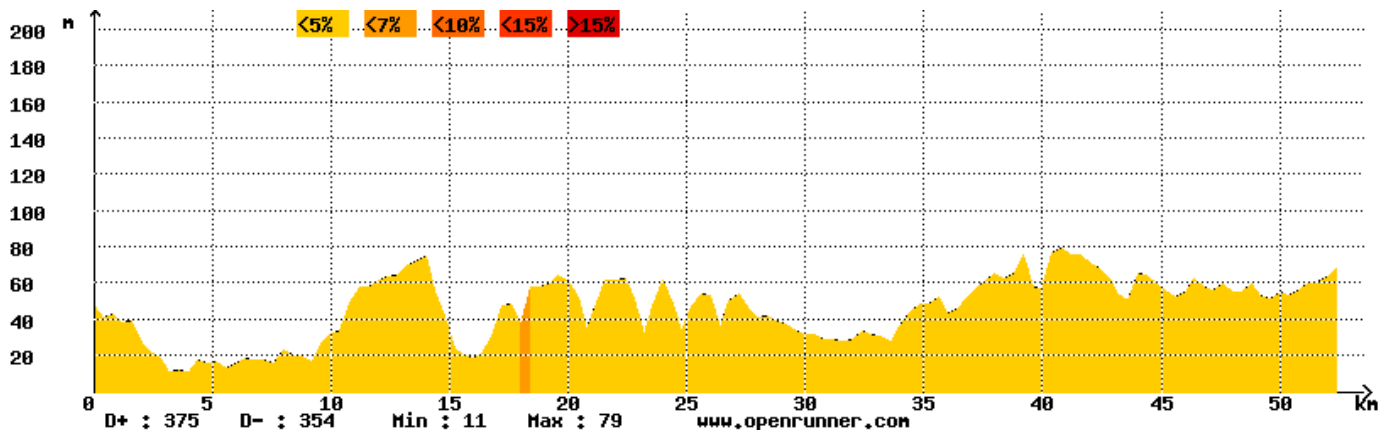
Etape 3 - Pontivy - Guer - 75 km - 600m de D+



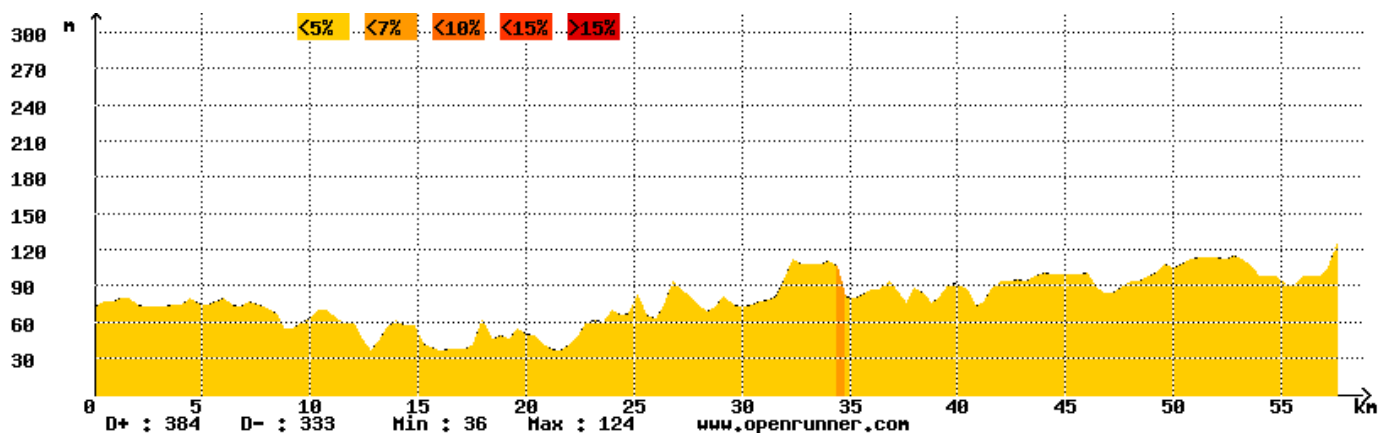
Etape 4 - Guer - Châteaubriant - 68 km - 530m de D+



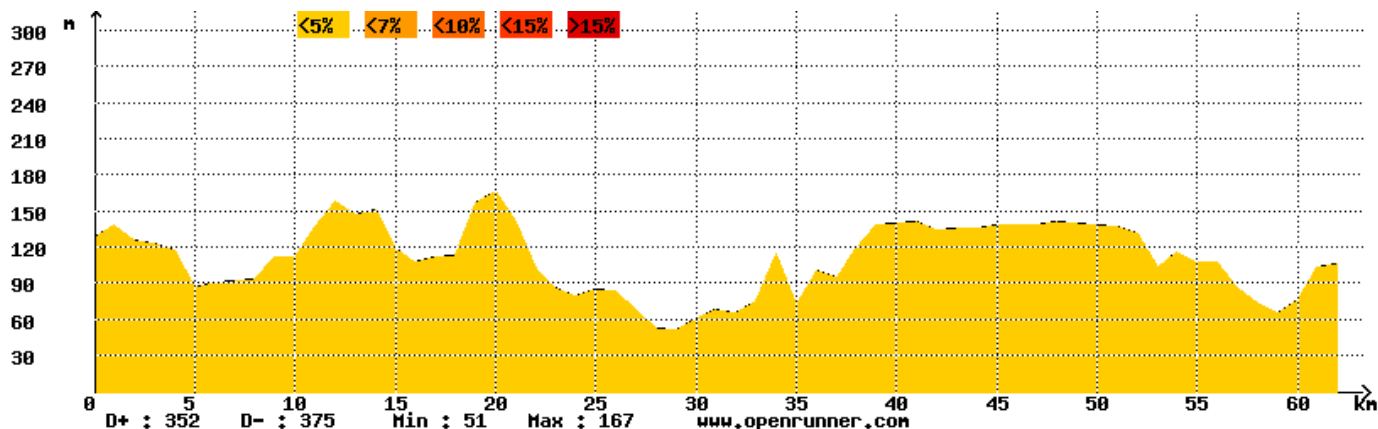
Etape 5 - Châteaubriant - St-Georges-sur-Loire - 69 km - 500m de D+



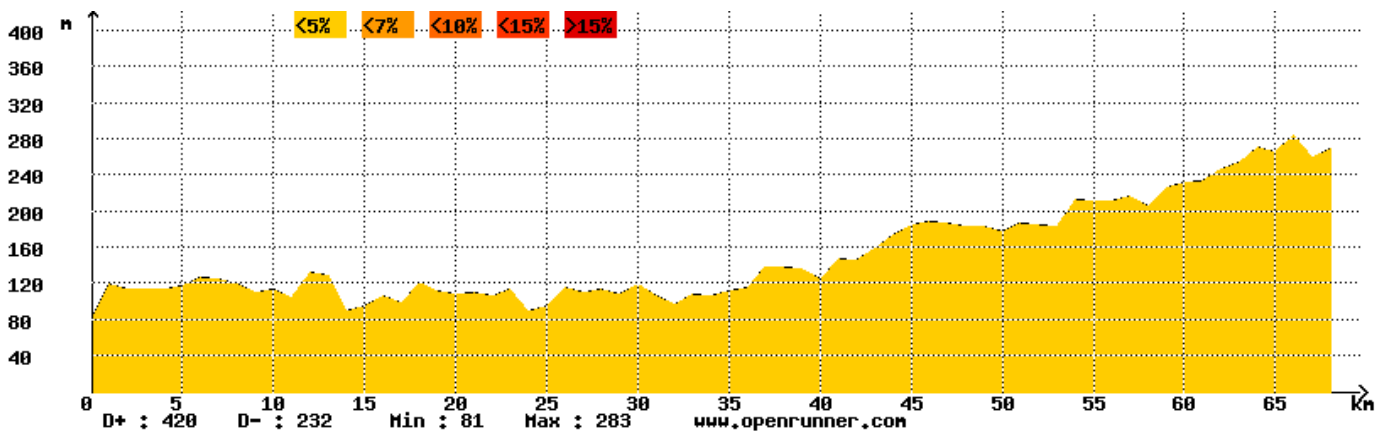
Etape 6 - St-Georges-sur-Loire - Doué-la-Fontaine - 53 km - 430m de D+



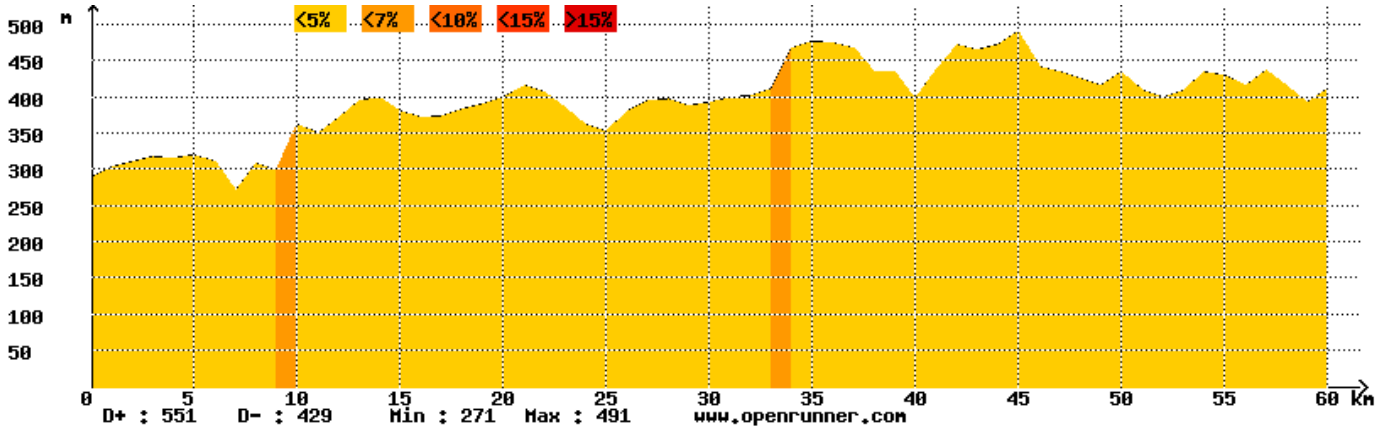
Etape 7 - Doué-la-Fontaine - Monts-sur-Guesnes - 58 km - 365m de D+



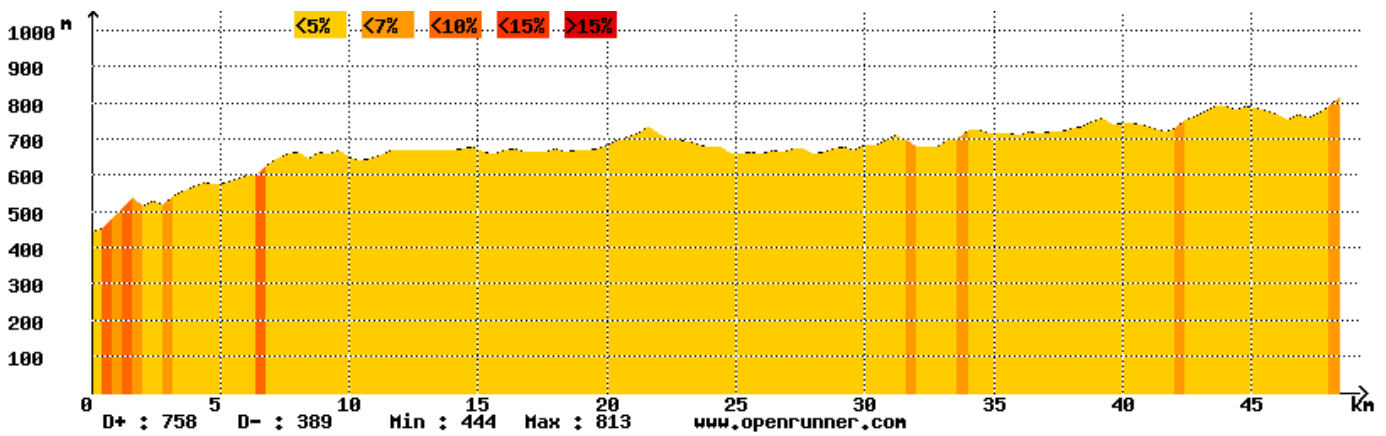
Etape 8 - Monts-sur-Guesnes - Angles-sur-l'Anglin - 63 km - 560m de D+



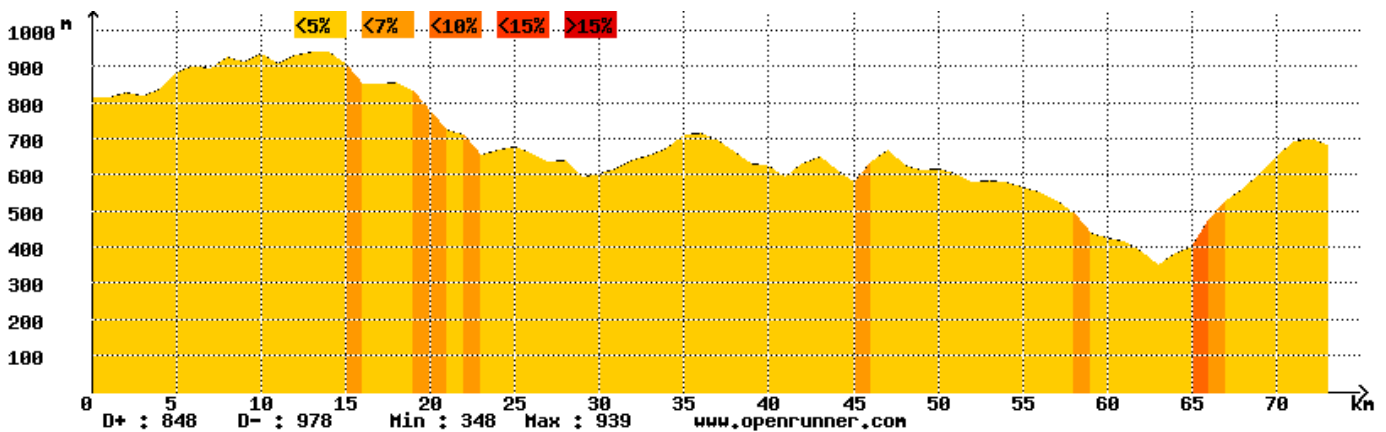
Etape 9 - Angles-sur-l'Anglin - St-Sulpice-les-Feuilles - 69 km - 780m de D+



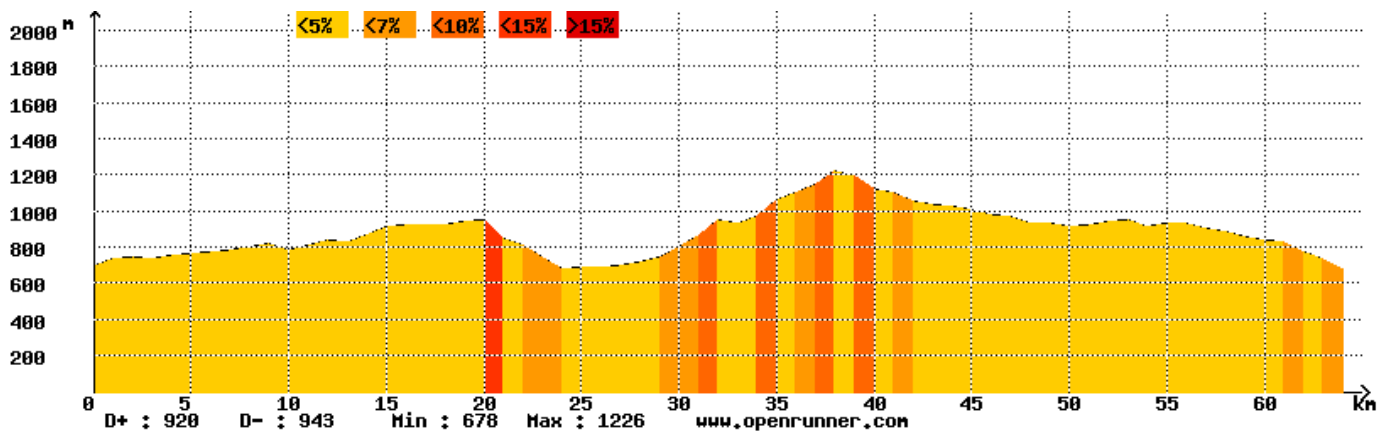
Etape 10 - St-Sulpice-les-Feuilles - Bourgneuf - 62 km - 820m de D+



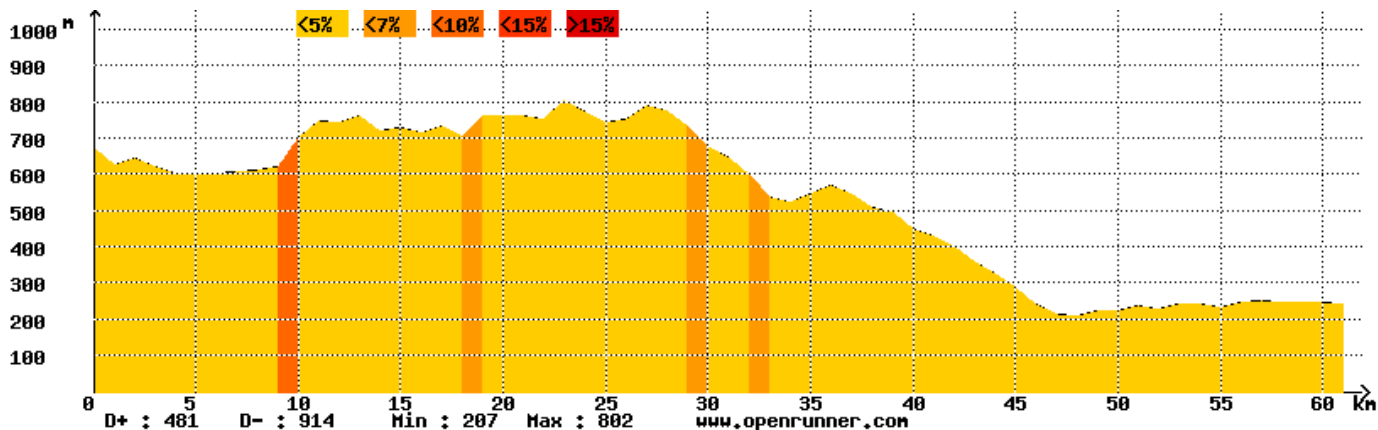
Etape 11 - Bourgneuf - Peyrelevade - 49 km - 695m de D+



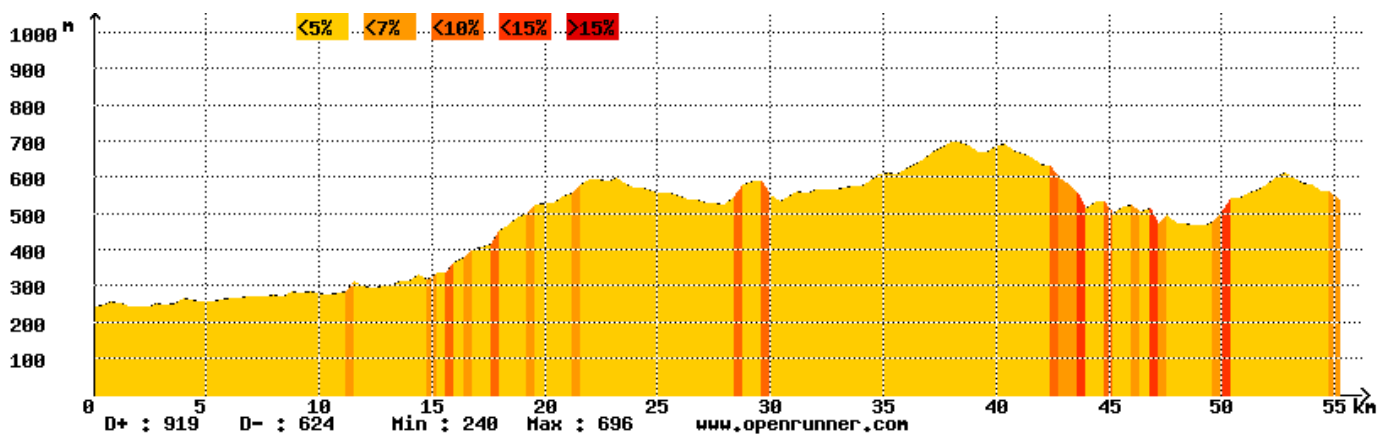
Etape 12 Peyrelevade - Mauriac - 75 km - 1010m de D+



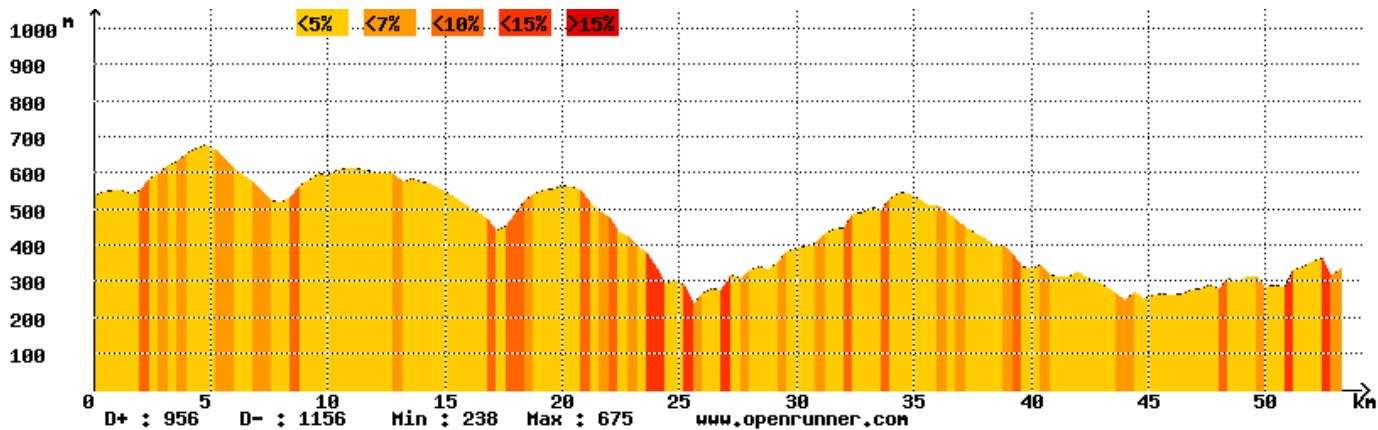
Etape 13 - Mauriac - Aurillac - 64 km - 1100m de D+



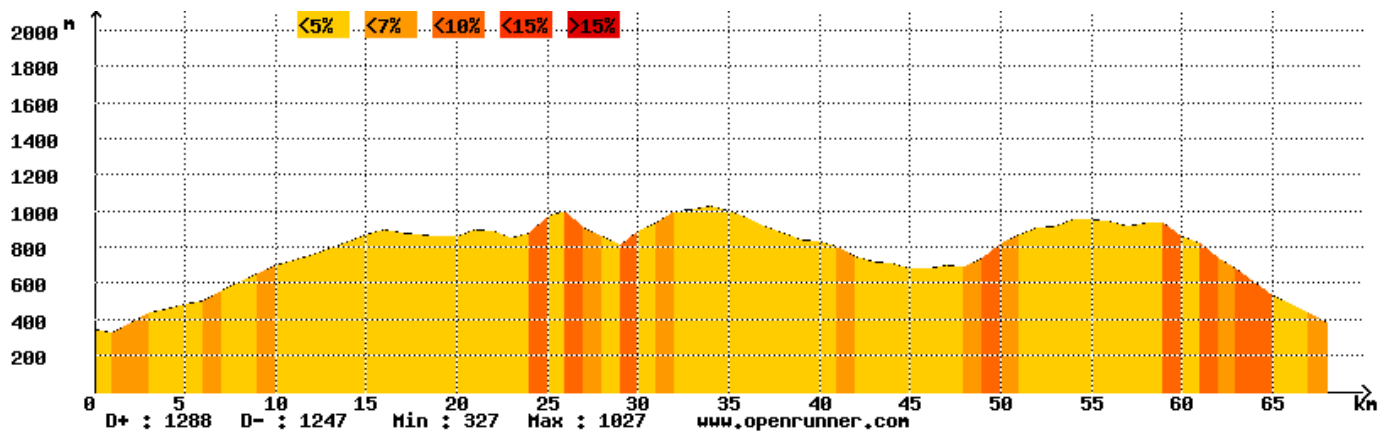
Etape 14 - Aurillac - St-Cyprien-sur-Dourdou - 61 km - 615m de D+



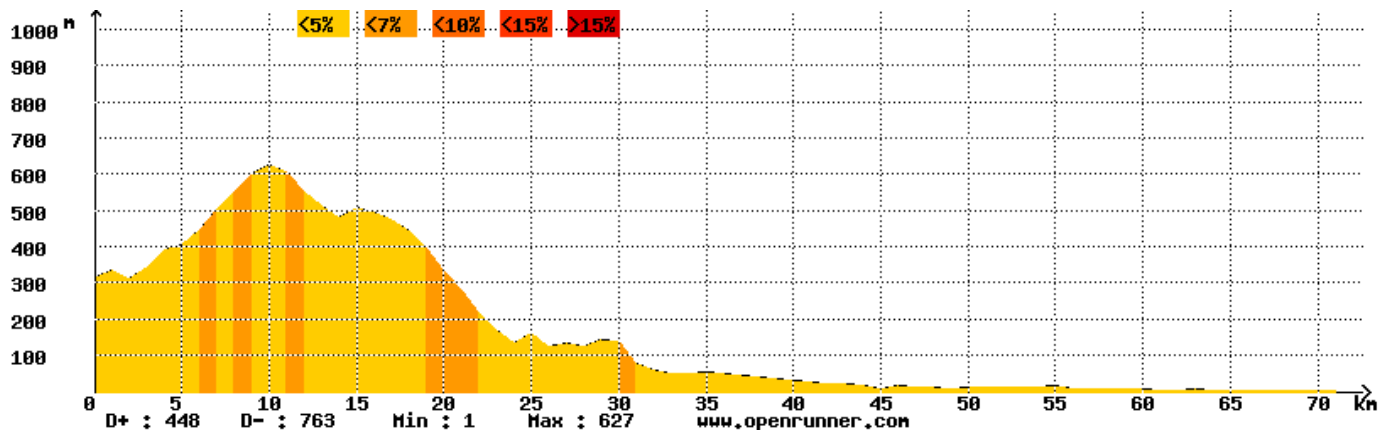
Etape 15 - St-Cyprien-sur-Dourdou - Cassagnes-Bégonhès - 56 km - 860m de D+



Etape 16 - Cassagnes-Bégonhès - St-Sernin-sur-Rance - 54 km - 885m de D+



Etape 17 - St-Sernin-sur-Rance - St-Pons-de-Thomières - 70 km - 1350m de D+



Etape 18 - St-Pons-de-Thomières - GRUISSAN-Plage - 72 km - 520m de D+

D+ cumulé = 13 000 mètres environ
Cumulative elevation = around 13,000 meters